



A Movable Feast: Ten Millennia of Food Globalization

By Kenneth F. Kiple

Cambridge University Press. Paperback. Condition: New. 381 pages. Dimensions: 8.9in. x 6.0in. x 1.0in. In the last twenty-five years alone, the range of fruits and vegetables, even grains, that is available at most local markets has changed dramatically. Over the last 10,000 years, that change is almost unimaginable. This groundbreaking new work, from the editor of the highly regarded Cambridge World History of Food, examines the exploding global palate. It begins with the transition from foraging to farming that got underway some 10,000 years ago in the Fertile Crescent, then examines subsequent transitions in Egypt, Africa south of the Sahara, China, southeast Asia, the Indus Valley Oceanic, Europe, and the Americas. It ends with chapters on genetically modified foods, the fast food industry, the nutritional ailments people have suffered from, famine, the obesity epidemic, and a look at the future on the food front. Food, at its most basic, fuels the human body. At its most refined, food has been elevated to a position of fine art. The path food has taken through history is a fairly straightforward one; the space which it occupies today could not be more fraught. This sweeping narrative covers both ends of the spectrum,...



READ ONLINE
[4.39 MB]

Reviews

A fresh e-book with a brand new perspective. This is certainly for anyone who states that there had not been a really worth reading. I am just happy to explain how this is the very best publication I have gone through in my individual lifestyle and may be the best pdf for ever.

-- **Margarett Roob**

The very best publication I possibly study. This is certainly for anyone who states there was not a worth looking at. I am just very happy to tell you that this is basically the best pdf I actually have studied inside my individual life and could be the very best pdf for possibly.

-- **Darlene Blick**