



# Sitting at the Open Door of the Heart

By John M. Grenafege

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 382 pages. Dimensions: 9.0in. x 6.0in. x 0.9in. Every moment is an opportunity, every moment is an invitation from Parabrahman. The opportunity that is being presented is to know the Self. . . there is no other reason to be here. This book is a collection of timeless teachings from Advaita teacher John Grenafege of San Francisco, CA. The books chapters are taken directly from his Satsangs, and also include two of his writings. Johns message does not differ from that of Ramana Maharshi, Nisargadatta Maharaj, H. W. L. Poonja (Papaji) or other well-known Sages, but he does present it in his own unique way that keeps the serious spiritual seeker looking in the right direction. In this book, we are clearly reminded that if we wish to awaken in this lifetime, the commitment to knowing the truth has to be the highest. After awakening, which is truly the beginning, if ones attention remains firmly planted in presence, pure consciousness, the I Am will naturally dissolve, evaporate, revealing what is prior to consciousness, in what is called Realization. Each chapter begins with a pointer for reflection and meditation....



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